

It's a Mystery! Brought to you by Norma Herbold,
Doris Hartness, and the Education Committee

Step Six

Welcome back! Ready to make another block? Here we go.

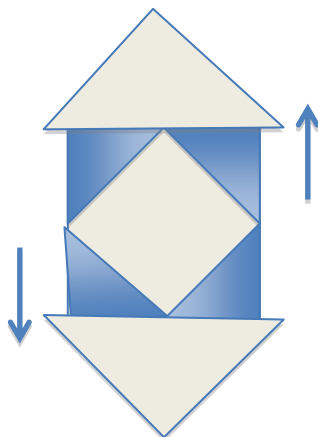
Remember when I talked about pressing on flannel and using Best Press back in Step One? It is very important to Press, not Iron, in this step because we will be working with Bias.

1. Background fabric: Cut 24 4" by 4" squares Cut diagonally into 48 triangles. (Please note: If you want you can increase the size of these squares to 4 ¼ by 4 ¼") This might help with ease of squaring the unit.)

2. Medium Dark Color One: Cut 12 5" by 5" squares. Cut diagonally into 24 triangles. (Please note: If you want you can increase the size of these squares to 5 ¼ by 5 ¼") This might help with ease of squaring the unit.)

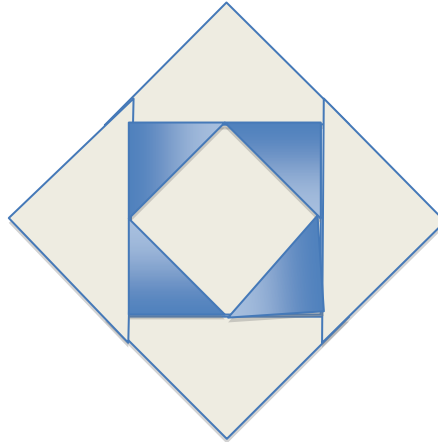
3. Medium Dark Color Two: Cut 12 5 by 5" squares. Cut diagonally into 24 triangles. (Please note: If you want you can increase the size of these squares to 5 ¼ by 5 ¼") This might help with ease of squaring the unit.)

4. Remember the unit we made in Step Two? Using the background triangles cut in number one above, center, pin and then sew a triangle on each side of the unit as shown. Repeat for all twelve units.



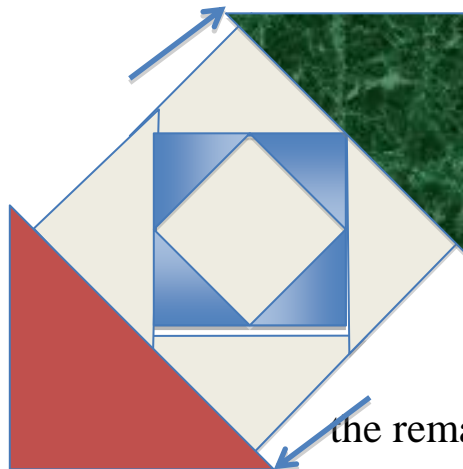
Press in the direction shown by the arrows in the photo above.
Trim the little triangle pieces that extend out past the unit. (Some times known as dog ears)

5. Using the remaining background triangles, sew them on to the opposite sides of the unit to construct 12 units like the one shown below.



Now comes a very important part. Your new units must be squared up. Mine squared to $6 \frac{1}{4}$ " width wise and $8 \frac{1}{2}$ " across the diagonal. (Block will be $8 \frac{1}{2}$ by $8 \frac{1}{2}$ ")

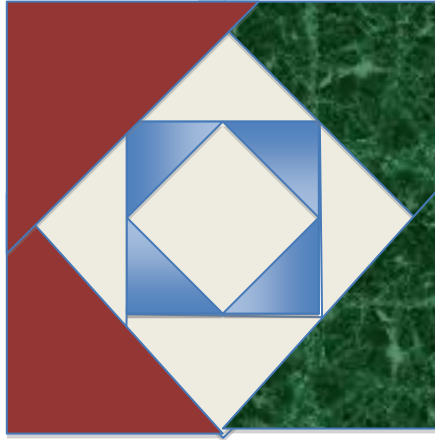
6. Once your units are squared, sew a Medium Dark Color One on to one side of the new unit and a Medium Dark Color Two on the opposite side of the unit. This is a different color arrangement than we did in step two. In the big reveal next month, you will see why! Repeat for all 12 units. Trim dog ears. Then press as shown.



7. Now sew the remaining triangles the units

as shown below.

Press well and square block to 8 ½ by 8 ½”.



This block is known as Diamond Girl. Barbara Brackman's book, Encyclopedia of Pieced Quilt patterns, gives it the names of Twelve Triangles or Shadow Boxes.

How will our two blocks go together? Will there be sashing, more piecing, borders? Hum. And we have those big flying geese. You have the rest of the month to play with your blocks and see what you can come up with. The big reveal is next month!