Fabric:
Center blocks: $1 / 2$ yard each in two fabrics ( $A$ and B)
Sashing blocks: 1 yard
Binding: $1 / 2$ yard
If using the same fabric for sashing and binding you only need 1-1/4 yards.

Cutting:

Center blocks - 20 total needed, 10 of each Fabric A and B. From WOF cut two 6-1/2 inch strips of Fabric $A$ and subcut into squares 6-1/2 inches wide. Repeat for Fabric B. You will have extra squares.

Sashing blocks - cut 9 WOF strips 3-1/2 inches wide. Subcut into 20 rectangles $6-1 / 2$ inches long, and 20 other rectangles 9-1/2 inches long.

Binding - cut five strips 2-1/2 inches wide.

Assembly:

Sew one 6-1/2 inch sashing strip to one side of
 each square and then sew a 9-1/2 inch strip to the long side of the resulting block. The final block should measure 9-1/2 inches square. Repeat for all 20 blocks.

Start by alternating the Fabric A block with the Center Block up and the Fabric B block with the Center Block down. Then follow the photograph. There are four blocks across and five rows down.

