

Free Motion Quilting Supply List

Instructor: Peggy St. George secondwindquilts@gmail.com

Bring these supplies for a fun day of free motion quilting!!! Come ready to doodle with your needle!

Our goal is for you to gain confidence to carry on and quilt those quilt tops!

- **Sewing machine in good working order**, with feed dogs that will lower or can be covered with a plate. (please consult your instruction book or sewing machine dealer if you are unsure how to lower or cover your feed dogs. Bring your manual to class.
- **Free motion foot** that fits your machine. (make sure it is for free motion quilting -it will have a spring.) It is sometimes called a “hopping foot” or a “darning foot”. Check with your dealer if you are unsure.
- **Extension table** for your machine if you have one.
- **Extra sewing machine needles**, preferable top stitch, sharps, quilting or microtext, 70/10 or 80/12.
- **A large spool of cotton quilting thread**, in a color of your choice. Aurofil or Superior are examples of good quality thread. Some contrast with your fabric is recommended so we can see the quilting today. High contrast is not necessary.
- **Two bobbins** already wound.
- **Scissors or thread snips**.
- Free motion quilting gloves or gardening gloves with nubs on the finger tips. A Stitch in time has Machingers in three sizes. Finger tips used to turn pages can also work, as does Neutrogena hand cream (I will have some Neutrogena in class.)
- **Four squares of 18X21”** plain fabric (they can be the same, such as good quality muslin or quilting cotton. Please do not use white on white fabric or batiks for either the tops or back of your “sandwiches” for class.
- **2 pieces of batting** a couple inches larger on each side than the fabric. Cotton or cotton-poly only please. 100% poly is not recommended for this class. Hobbs Heirloom, Quilters Dream, or Warm and Natural work well.
- **Blue washout marking pen** or other marking pen you can see on your fabric. For this class please do not use an air erasable marker—they will disappear just when you need them most in class!!
- **#1 size safety pins** –straight or curved – at least 40-50. Please do not bring anything larger.
- **Paper** or notebook and pencil or pen for notetaking and practice drawing designs.
- **Optional** but highly recommended: a free motion slider for the bed of your machine. The one I use is Supreme Slider.
- **Note: You may bring your “sandwiches” already assembled to class.** You may use spray baste, but only at home, not in class. I will be available at SBSQC meetings to show you how to pin baste your “sandwiches”. That way we can get right to learning about free motion quilting!

You may email me any time if you have a question. Just reference the SBSQC free motion class in the subject line of your email. secondwindquilt@gmail.com